# Rock the Radiothon **Fundraising** Pack





**Snap & share #HDHRock** 







Join in the fun and organise a fundraising event w/c 5th March 2018 Let us know about your event fundraising@helenanddouglas.org.uk 01865 799150







Take part in the Helen & Douglas House Radiothon, broadcast live from the hospice, on JACKfm Oxfordshire and Union JACK to raise money for your local children's and young adults' hospice.

Live on air
7 March 12pm - 6pm
8 & 9 March 7am - 7pm

# **Get involved**

Organise a fundraising event

Tell us about your event live on air

Phone in to make your donation

Tune in to listen to moving stories from our families

You can help local families like baby Charlie's



Mark, Jo and Charlie

Baby Charlie passed away in 2012 after being born with Short Gut Syndrome.
Charlie was cared for at the Helen House for the last 12 days of his life.

"The service they gave us was nothing short of remarkable. We had the best of both worlds by being allowed the privacy we wanted as a family but the support we needed to get through such a difficult time. Nothing was ever too much trouble for the staff."

Charlie's Dad, Mark

# Fundraising ideas



## Dress up as Rock legends for the day

Get in touch with your inner Rock star. Challenge the Boss to dress up as a Rock star or hold an air guitar competition.



### **Rock quiz**

Download our great JACK Rock quiz.



#### Rock cake sale

Hold a cake sale which includes rock cakes, of course, or a bake off competition.



#### Come Rock with me

Invite friends for supper and they pay what they would have paid in a restaurant and play Rock music or listen to any JACKfm station.



# We will Rock you

Hold a Rock themed talent show, school disco or concert with covers from famous Rock bands.



#### **Desert island Rock discs**

Staff can nominate a Rock song depicting their boss or the boss can do his own desert island discs for staff to listen to.



### **Rock legends photobooth**

Buy some Rock legend props and create a photobooth to enter competition for the best looky likey picture.

£50

£100

Could help pay for play therapy

Could help pay for a nurse

£500 Could help pay for medical supplies

£1000 Could help pay for bereavement counselling

How to pay in the money you raise

Bank Transfer: Act No:8432673 SC: 60-70-03 Cheque: 14A Magdalen Rd, Oxford OX4 1RW Credit card: www.hdh.org.uk or call 01865 799150

