



### Helen & Douglas House Great Wall of China Trek 2018 (27th October – 4th November 2018)

Please email your completed form and a photo of your valid passport to: info@different-travel.com.

If you would like to pay by cheque please post your completed form, passport copy and cheque to: The Different Travel Company, 4 Downs Park Crescent, Totton, Southampton, Hampshire, SO40 9GH

Please complete all sections of the form below in **BLOCK CAPITALS** 

Your Details (please comple						
Title (Mr, Mrs Miss, Ms, Dr):						
First name:						
Middle names:	iddle names:					
Surname:						
Full address and postcode:						
Email address:						
Telephone number:	Mobile number:					
Date of birth: (DD/MM/YYYY)	Marital status:					
Gender:	Age at time of travel:					
Occupation and company/institution:						
Do you have any dietary requirements or preferences (e.g. vegetarian/ allergies)? Yes \( \square\) No \( \square\)						
If yes, please specify:						
If allergies, do you carry an epi-per	1?					
	must be exactly the same as on the passport you will travel with. Your flights will rovide incorrect details all name-change surcharges are payable by you.					
be booked in these names. If you pr	ovide incorrect details all name-change surcharges are payable by you.					
be booked in these names. If you pr	· · · · · · · · · · · · · · · · · · ·					
Your Passport Details (p	ease attach a copy or photo of your passport photo page)					
Your Passport Details (p) Passport number:	Provide incorrect details all name-change surcharges are payable by you.  Ilease attach a copy or photo of your passport photo page)  Nationality on passport:					
Your Passport Details (p	Provide incorrect details all name-change surcharges are payable by you.  Lease attach a copy or photo of your passport photo page)  Nationality on passport:  Date of passport expiry: (DD/MM/YYYY)					
Your Passport Details (p) Passport number: Date of passport issue: (DD/MM/YYYY) I have enclosed a copy of my passport We recommend that your passport	Provide incorrect details all name-change surcharges are payable by you.  Lease attach a copy or photo of your passport photo page)  Nationality on passport:  Date of passport expiry: (DD/MM/YYYY)					
Your Passport Details (pl Passport number: Date of passport issue: (DD/MM/YYYY) I have enclosed a copy of my passport we recommend that your passport are changing before departure plea	Nationality on passport:  Date of passport expiry: (DD/MM/YYYY)  Drt (required): Yes  No  six months after the end of the event. NOTE: If your passport details					
Your Passport Details (pl Passport number: Date of passport issue: (DD/MM/YYYY) I have enclosed a copy of my passport we recommend that your passport are changing before departure plea	Nationality on passport:  Date of passport expiry: (DD/MM/YYYY)  ort (required): Yes  No  six months after the end of the event. NOTE: If your passport details se indicate this here and apply for your new documents as soon as possible.					
Your Passport Details (p) Passport number: Date of passport issue: (DD/MM/YYYY) I have enclosed a copy of my passport are changing before departure please.  Your Next of Kin Details	Nationality on passport:  Date of passport expiry: (DD/MM/YYYYY)  Dort (required): Yes  No  six months after the end of the event. NOTE: If your passport details se indicate this here  and apply for your new documents as soon as possible.					
Your Passport Details (pl Passport number: Date of passport issue: (DDD/MM/YYYY) I have enclosed a copy of my passport are changing before departure please Your Next of Kin Details Next of kin full name:	Nationality on passport:  Date of passport expiry: (DD/MM/YYYYY)  Dort (required): Yes  No  six months after the end of the event. NOTE: If your passport details se indicate this here  and apply for your new documents as soon as possible.					
Your Passport Details (p) Passport number: Date of passport issue: (DD/MM/YYYY) I have enclosed a copy of my passport are changing before departure plea  Your Next of Kin Details  Next of kin full name: Email address:	Nationality on passport:  Date of passport expiry: (DD/MM/YYYY)  Drt (required): Yes  No   is valid for six months after the end of the event. NOTE: If your passport details see indicate this here and apply for your new documents as soon as possible.  (someone not travelling with you that can be contacted in an emergency)  Relationship to you:					

Helen & Douglas House, 14a Magdalen Road, Oxford, OX4 1RW

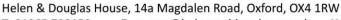
**T**: 01865 799150 E: events@helenanddouglas.org.uk W: www.helenanddouglas.org.uk







Room Arrangements				
Accommodation will be on a twin-share basis unless otherwise noted on the trip itinerary. Please state the name of anyone with whom you specifically wish to share.  If you are a couple and require a double room (if available), please tick this box				
Travel Insurance Details				
Travel insurance is mandatory and you are recommended to purchase it at the time of booking as this may protect your non-refundable registration fee in the event of unexpected cancellation prior to the challenge.  You are responsible for ensuring that <b>all</b> activities you undertake during the trip (including emergency rescue and trekking etc.) is covered by your insurance policy. If you do not have travel insurance please see page 5 for more information.  Travel insurance provider:				
Travel insurance policy number:				
Travel insurance 24hr emergency assistance telephone number*:				
*The 24 hour emergency assistance telephone number is the number that would be called in the event of a medical emergency occurring while you are travelling, for example to arrange airlifting or hospital treatment. This number is NOT your next of kin contact details or general claims phone number.				
Registration Fee Payment Options				
The registration fee is a non-refundable payment payable at the time of booking to confirm your place. This is separate from, and in addition to the sponsorship target.				
$ullet$ I enclose a cheque for the registration fee of £275 payable to <b>The Different Travel Company</b> . $\Box$ (tick)				
$ullet$ I would like to pay for the registration fee of <b>£275</b> by bank transfer. Please email me an invoice. $\Box$ (tick)				
Sponsorship Details: £3600				
• I understand that my participation in this event is subject to me fundraising a minimum of £2,500 for Helen & Douglas House by 3 <sup>rd</sup> August 2018, and the remaining £1,100 must be achieved prior to departure on 27 <sup>th</sup> October 2018.				
• I will keep Helen & Douglas House informed of my fundraising progress and I understand that the £3,600 fundraising figure is in addition to, and separate from, the registration fee.   [] (tick)				



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### **Great Wall of** China **Trek 2018**



### **Medical Declaration Form**

It is for your safety that we find out as much as possible about your medical history to ensure that you can cope with the demands of the trip safely and without risk to your health. Your answers will be treated in the strictest confidence. It is a condition of your registration that you give full and accurate details. If any details change you must update us and your travel insurance company.

Please complete this form clearly in BLOCK CAPITALS

	Full Name:				
	Blood Group (if known)	Height:	Weight:		
_	<b>Trip name:</b> Great Wall of China Trek <b>Trip Dates</b> : 27 <sup>th</sup> October – 4 <sup>th</sup> November 2018				
Do	you suffer from (now or in the past) any of the	e following?	Please provide <u>FULL</u> details (severity, stability,		
			medication used, dosage etc.) If necessary, continue		
1) [	Deise d		on a separate sheet.		
·	Raised  or low blood pressure? Yes No				
2) Heart or circulatory disease? Yes \( \subseteq \text{No} \subseteq \)					
3) Epilepsy/ seizures / convulsions? Yes \( \simega \) No \( \simega \)					
4) Psychiatric disorder(s) / depression? Yes ☐ No☐					
	/ertigo / balance disorders? Yes ☐ No☐				
	Fainting or blackouts? Yes  No				
7) Diabetes? Type 1 Type 2 ? Yes No					
8) Cerebral disease? (e.g. stroke/head injury) Yes  No					
9) Haematological or blood disorders? Yes  No					
10) Asthma? Yes  No					
	Digestive or bowel disorders? Yes ☐ No☐				
	Joint □or back injuries□/problems? Yes □ No				
	Fractures□? Soft tissue damage□? Yes□No□				
	Carrier of infectious diseases? Yes ☐ No☐				
	Registered disabled? Yes □ No□				
	Physical disability or other disabilities? Yes $\Box$ N	No□			
	Are you pregnant now? Yes ☐ No☐				
18)	Migraine? Yes ☐ No☐				
19) Allergies (e.g. hayfever□, food□, drugs□)? Yes □ No□					
20) Hospitalised or surgery in last 2 years? Yes ☐ No☐					
21)	Obesity (BMI of 30 or above)? Yes $\square$ No $\square$				
22)	Awaiting surgery/tests/investigations? Yes $\square$ N	No□			
23)	Any illness or condition not mentioned? Yes $\Box$	No□			
24)	Do you take <b>any</b> medication? Yes ☐ No☐ Pleas	se specify.			
The following section should be completed by your doctor/physician if you have answered 'YES' to any of the questions on the					
	e following section should be completed by your do edical form above.	octor/pnysician ir y	ou have answered YES to any of the questions on the		
	The person named above will be participating in a 9 day organised trip during which he/she will be trekking for up to 8 hours				
	per day for 5 days over hilly terrain, carrying a rucksack between 4-6kg, in a variable climate (25°C days, 0°C nights), staying				
-	in hotels and guesthouses. The event is within 24 hours of hospital back up. With the above information and taking into				
	consideration the medical history of the participant if there is any matter which you feel that The Different Travel Company				
	Ltd should be aware, please supply details on a separate sheet. If you require any further details please contact The				
	Different Travel Company Ltd on 0788 169 8623 or info@different-travel.com.				
	I have read the above paragraph and agree that the participant's medical details are correct.				
	Doctor's Signature:				
	Doctor's Name (Block Capitals Please):				
	Date: Practice Address:				

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# Great Wall of China Trek 2018



### **Declaration**

### Important - Please read carefully before signing

I confirm that all the information provided on this booking and medical form is to the best of my knowledge true and correct. My medical declaration is a true and accurate description of my medical history and current condition and I give permission for my GP, consultant or specialist to release information pertinent to the challenge to The Different Travel Company if required.

I understand that by giving false information I endanger both my own safety and that of others on the trip. I take responsibility for ensuring I have sufficient supplies of medication needed for my current medical condition and for any condition which I have had previously which may reasonably be expected to re-occur. I also understand that failure to disclose a pre-existing medical condition could invalidate my travel insurance and endanger myself and other team members, and that I am responsible for declaring any pre-existing medical conditions directly to my insurance company prior to departure.

I agree to permit first aid trained personnel the opportunity to tend to an illness, injury or any other medical condition as far as their training permits until specialist care can be sought, if required. I agree to accept responsibility for any and all costs associated with any illness, injury or other medical condition that may happen to me during this trip.

Where medical conditions are declared I agree to sign a separate disclaimer in respect of these conditions if required. I understand that this event requires a certain level of fitness and is physically testing and that if I am deemed to be unfit for the challenge I may be asked to leave the group.

I acknowledge that any dietary requirements, including food allergies, will be catered for to the best of The Different Travel Company's, and our local partners', ability however we cannot guarantee that food preparation will have taken place in a contamination free environment.

In the unlikely event of an accident, loss or damage to my personal effects, illness, injury or other untoward occurrence arising from any medical condition, I acknowledge that The Different Travel Company cannot accept any liability or expenses (other than to the extent that death or personal injury arises as a result of its negligence) and I waive all claims against The Different Travel Company in this respect.

I confirm that have read and accept the terms and conditions (available on <a href="http://www.different-travel.com/faq.php#thetours">http://www.different-travel.com/faq.php#thetours</a>) and undertake to abide by the rules and conditions. I confirm that I will verify with my current /future insurance company that my policy (will) cover(s) everything involved in the challenge. I understand that The Different Travel Company cannot be held responsible for any loss arising from my failure to ensure I have adequate insurance cover for all activities involved. I understand that single and group photos may be taken of me during the challenge and I am happy for any photographs to be used for marketing and future publications.

## Signed Print Name

### Date

Data Protection Your data will be held by The Different Travel Company and passed on to the suppliers of your travel arrangements. The information may also be provided to public authorities such as Customs or Immigration if required by them, or as required by law, and may also be used for statistical purposes in the future. Your booking details will be shared with Helen & Douglas House to provide you advice on fundraising specific to this trip. If we cannot pass this information to the suppliers necessary to make your travel arrangements, whether in the EEA or not, we will be unable to provide your booking. For our full privacy policy, please see <a href="http://www.different-travel.com/privacy.php">http://www.different-travel.com/privacy.php</a>

ATOL Protection This flight-inclusive holiday is financially protected by the ATOL scheme (ATOL 6706). When you pay you will be supplied with an ATOL Certificate. Please ask for it and check to ensure that everything you booked (flights, hotels and other services) is listed on it. Please see our booking conditions for further information or for more information about financial protection and the ATOL Certificate go to: <a href="https://www.atol.org.uk/ATOLCertificate">www.atol.org.uk/ATOLCertificate</a>

Communication If you would like to receive marketing correspondence from The Different Travel Company, please tick here:  $\Box$  If you would like to receive marketing correspondence from Helen & Douglas House, please tick here:  $\Box$  Your contact details will never be shared with third parties for marketing purposes.



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### PARTICIPANT: KEEP THIS PAGE FOR YOUR RECORDS!

### **Travel insurance**

travel insurance policy at the time of booking as depending on your policy; **this may protect your registration fee** in the event of your cancellation, as well as protecting you during the trip.

Your insurance policy must include emergency evacuation.

**Campbell Irvine** policies have been specifically designed to cover unique trips. They offer a comprehensive travel insurance policy with 24-hour Worldwide Emergency Medical Service. You are automatically covered for activities such as manual work, trekking, extreme sports and - should you want to - even bungee jumping!

For further details contact Campbell Irvine direct on 020 7937 6981 and request a quote for a trip organised by 'The Different Travel Company' or refer to their website <a href="http://www.campbellirvinedirect.com/differenttravel">http://www.campbellirvinedirect.com/differenttravel</a>

### Finances and deadlines

Your registration fee of £275 is non-refundable. You are recommended to organise travel insurance at the time of booking as this may protect your non-refundable registration fee in the event of you cancelling due to unexpected events.

**Your minimum fundraising target of £3,600** must be paid in full to Helen & Douglas House. **£2,500** must be raised for Helen & Douglas House by **3<sup>rd</sup> August 2018**, and the remaining **£1,100** must be achieved prior to departure on 27<sup>th</sup> October 2018.

#### **Communication**

To retain their environmentally friendly aims of being as paper-free as possible, The Different Travel Company uses electronic methods of communication (email and phone).

Please add @different-travel.com and @helenanddouglas.org.uk to your safe senders list and check your junk mail folder regularly to avoid missing important communications and updates about your trip.

Your pre-tour information containing flight details, visa instructions and other information pertinent to the trip will be emailed to you **8 weeks before departure**, once your minimum sponsorship has been paid to the charity. Flight etickets will be emailed to you **2 weeks before departure**.

If you have any questions, or any of your details change (e.g. passport details, mobile number, medical details) please contact The Different Travel Company as soon as possible on <a href="info@different-travel.com">info@different-travel.com</a>.

We wish you all the best with your fundraising!



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