



ROLE PROFILE

NETWORK SATURDAY VOLUNTEER

The Network Saturday is a social youth group for teenage patients at Helen House. It provides an independent and safe space for young people to have fun, socialise and share experiences.

It also promotes independence and confidence and builds on social and life skills.

RESPONSIBILITIES

- assisting the young people in activities of various kinds including board games arts and crafts trips out locally.
- providing physical support where required – passing items to the young person/setting them up for lunch.
- promoting the general wellbeing of the young people.
- general assistance to the Youth Worker to enable the group to run.

TIME COMMITMENT

- The group is from 10am until 4pm on a Saturday occurring every 4–6 weeks.
- A broad commitment of a year volunteering with the charity is desirable.

EXPERIENCE & TRAINING

- No specific previous experience is required but some previous experience of children with disabilities may be helpful..
- You will be asked to complete some online training modules for this role.

QUALITIES REQUIRED

- An easy-going nature, with a good sense of fun and positive outlook.
- Able to engage with teenagers and staff alike.
- Willing to engage with teenagers, is a proactive and adaptable person.
- Enjoy crafts, board games, and be a team player. Ability to fit in with a new group and be a general support.

BENEFITS

- Be part of a great staff/volunteer team and make new friends.
- Beverages, snacks, and lunch provided on the day.
- Reasonable travel and other expenses can be paid in line with the current Helen & Douglas House Expenses Policy.