

# About us



Registered with



FUNDRAISING  
REGULATOR



Helen & Douglas House

your local children's hospice

# Helping terminally ill children live life to the full

Founded in 1982, we are the world's first children's hospice and improve the lives of local terminally ill children and their families living in Oxfordshire and the surrounding counties.

Our amazing team including doctors, nurses and carers, provide exceptional care tailored to the needs of children living with a wide variety of complex conditions which will end their lives prematurely.

*"Without Helen & Douglas House we wouldn't have felt as strong and as confident to have a sick child like Tillie'. Tillie's Mum*

Tillie, baking with Play Lead, Chloe



## We are now offering more care to more families and have extended the services we provide

### Supportive stays at the hospice

As well as reviewing the children's medical and nursing needs, we give parents a much-needed break from 24/7 care, to help improve their well-being and mental health.

### Symptom control & pain management stays

Helping relieve children's symptoms and pain, often preventing a hospital stay.



### Specialist support at home

Providing families with specialist paediatric palliative support in their own homes, with 24/7 access to help and advice, 365 days a year.

### End-of-life care

Supporting the whole family through incredibly sad and difficult times at the end of their child's life and helping them make precious memories.



## We can't do this without your help

As a charity, we rely almost entirely on financial support from the public to fund our work. So now, more than ever, we need your help.

With your help, we can give more children and their families the expert care and support they need.

- £20 could fund 24 hours of oxygen costs for one child
- £50 could fund a two hour session with one of our Outreach Nurses in a child's home
- £125 could fund the costs for a family to stay in one of our family flats for 24 hours

Visit: [hdh.org.uk/donatetoday](https://hdh.org.uk/donatetoday)

90%

of our money comes from fundraising, legacies and trading

10%

is funded by statutory sources

### Stay and play days

Providing a chance for families to enjoy whole day play sessions with other families facing similar challenges.



### Bereavement support

Supporting the whole family after the loss of a child, through one-to-one and group support.

### Transition to adult care

Preparing 13-18 year olds and their parents for leaving children's services to start adult care.

### Social worker support

Offering emotional, social and practical support and advocacy to families to help them navigate their child's care.



### Siblings support

Providing support to siblings to help them discuss their fears and emotions via one-to-one sessions and group activities.

# Thank you

With your help, we can support more families on every step of their journey



Help us share the joy of music with children like Habibou



Give the magic of storytime to children like Beth

## Donate

Make a regular or one off donation, visit [hdh.org.uk/donatetoday](http://hdh.org.uk/donatetoday)

## Fundraise

Get creative and do something new to raise money in your community, like a bucket collection, bake sale, craft fair or quiz night.

## Take on a challenge

Taking part in one of our organised events is a great way to show your support, such as the London Marathon, trekking or a skydive.

## Partner with us

By organising a fundraising event with your company, community group or school.

## Remember us

1 in 5 of our patients' care is funded by a gift left in a Will.

## Volunteer

Whatever your skills and interests, we have something for you from gardening, to reception support to knitting and sewing.

## Shop or donate in our stores

We have many shops across the region full of good quality pre-loved items, and we are always grateful for donations.

## We'd love to hear from you

Either phone 01865 799150 or email [fundraising@helenanddouglas.org.uk](mailto:fundraising@helenanddouglas.org.uk)

Registered charity number 1085951

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